

Developmental Analysis / Treatment Approach - NeuroDevelopmental - Autistic Spectrum

This is the typical approach, although it may differ in certain cases. For example, we may review ppwk on initial consult if earlier consult desired. (Initial ~5-10 min initial consult is no charge.)

Initial PPWK – completed and submitted before **Initial Consult** – www.cvchiro.net/Paperwork.

- **Developmental-Neurobehavioral Questionnaire - Autistic Spectrum**
- **Food Diary** – for 1-2 weeks

Initial NeuroDevelopmental Consult – 1 hour \$400 (Initial ~5-10 min initial consult is no charge.)
Scheduled for about 1 week or longer after Initial PPWK is received.

- **Goal:** Clarify History & Determine Motivation, Desired Approach, & Goals (“Wish list”)
- **Give Action Steps:**
 - Usually incl: Diet Plan (GFCF & SCD), B12 (nasal), Multi, [possibly Ca⁺⁺]; **Testing**
- **Cursor Examination** – ~5 min (no extra charge)
- Since this lasts for 1 hour, the child will typically need someone to entertain him/her during ‘boring’ conversation times.

Testing: Initially focused upon Proper Digestion, Absorption, and Utilization and usually includes:

- **Specialty Lab** (insur. usu. does not pay): [Triad Profile](#) (\$450) – Deficiency, Toxicity, etc.; [Stool](#) (\$180)
- **In-office urine lab tests** (insur. usu. does not pay): [Oxidata](#), [Indican](#)(Malabsorption), [Koenisburg](#)(Adrenal) (\$45)
- **Conventional Lab** (insur. often pays, but may need special referral): [CBC](#), [UA](#), [Chem Panel](#)
Results take ~2 weeks to come in AFTER specimen is sent. (See “**Initial Follow-up Consult**”)

Initial Full Examination – 20-30 min \$85

Usually 2 weeks before -to- 1 month after dietary changes and initial supplementation begin.

Initial Follow-up Consult – 1 hour \$400 – Lab interpretation fee is usually replaced with face-to-face time.
Usually about 1 month after Initial Consult

- **Goal:** Discuss Lab Results, Changes with treatment thus far, and future approach
- **Action Steps:**
 - Modify/Continue Diet Plan and Supplements
 - Physical Treatment recommendations based on **Initial Examination & Initial PPWK**
 - Exercises, Therapy (Home and Office), Adjustments, etc.

Additional Follow-up Consults – 15 min-1 hour (\$100/ 15 min)

Usually about 2-3 months after previous Consults

Follow-up Testing – Focus on checking results of interventions & assessing need for more aggressive steps.

Repeat some previous: 3-6 months after initial Testing, depending upon severity & interventions.

May incl.: [Detoxification profile](#) (incl. cysteine & methionine) – to assess load and need (\$90-150); [heavy metal testing-blood \(often ‘Porphyrin’\)](#) (~\$160) – mercury/lead (www.labbio.net); [immune tests](#)(TH-1/ TH -2; Strep re: OCD; EBV, CMV, HSV) – to assess need for immune treatments (vs. chronic viral or bact. infection); [anti-oxidant proteins – Detox Protocol](#) (www.autism.com/triggers/vaccine/heavymetals.pdf)

Referrals – If testing or other findings indicate a need for medication (anti-viral or antibacterial), chelation, or other invasive approach, recommendations will be discussed with you. Also, options for medications, etc. will be discussed so that you are aware of possible approaches.

Email and Short Phone calls – Short communications to clarify information, application, etc. will not be charged. It is only when these discussions are extensive and/or bring up new lines of discussion that fees (\$300/hour) will apply. – No “nickel-and-diming.”